

## What can I expect?

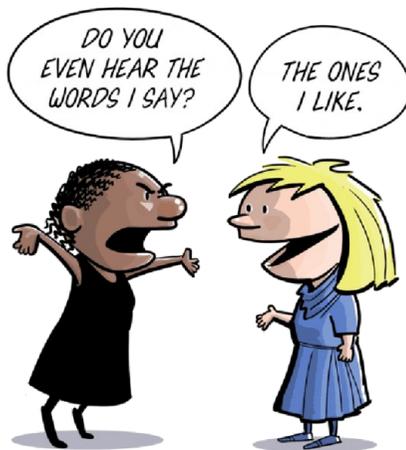
The afternoon lasts just two hours and begins with a short introduction followed by some simple exercises in communication.

There will be plenty of opportunity for questions and a cup of tea half way through.

A voluntary contribution is requested.

### Further info at:

01 836 3411 or  
[www.gardinerstparish.ie](http://www.gardinerstparish.ie)



## CHURCH OF ST FRANCIS XAVIER, GARDINER ST

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### On Foot

15 minutes from GPO

### Dublin Bus

1, 11, 15, 16, 16A, 33, 40, 41, 44, 122

### Luas

GPO or Parnell

### Irish Rail

Drumcondra or Connolly



## CHURCH OF ST FRANCIS XAVIER, GARDINER ST

# THE GOOD NEWS ABOUT DIALOGUE



2.30 - 4.30pm  
Saturday  
10th November  
At Gardiner Street

## The Good news about dialogue

Monika and Szymon are a catholic married couple who have three children. Both work in the professional sector and devote much free time to communicating the good news about dialogue that they have discovered in their own married life. But it's a message that appeals to everybody, single, married, single again, priest religious.



## Dialogue Workshop

Saturday

10th November 2018

2.30-4.30pm

**“When I come home from work** in a pretty good mood and find a clean kitchen at home, I am eager to make a good dinner and it goes smoothly, but when I find it full of dirty dishes, on the table, full sink and unpacked dishwasher, I am mad at my adult sons, I make a fuss or I get in a huff. *But I can also talk to them calmly and tell them that I cannot function in such chaos and mess and that I care about order in the kitchen.*”

### The Workshop

In our workshops, we use basic knowledge in the field of communication psychology: we treat feelings, needs, temperaments as God's gifts according to the principle of St. Thomas Aquinas, that grace builds on

nature.

We try to show how the use of God's psychology affects building relationships in our marriage.

**Dialogue**, helps us with this on a daily basis. Our movement has identified four principles:

- Listening before talking.
- Understanding before judging.
- Sharing before discussing.
- Forgiving each other

### Forgiving

We try to live according to these principles on a daily basis, thus fulfilling the commandment of love for God and our neighbour.

